# Relax<sub>®</sub>FIR Sauna

Enjoy a Professional Sauna in your home Remove Toxins, Reduce Body Fat, Boost Metabolism Experience Deep Relaxation and Slow Down Aging

For centuries, in order to detoxify, people have exercised and practiced arts such as Chi Gong in order to stimulate glands and/or to produce sweat, 15 minutes in the RELAX FIR sauna can help improve capillary function, revitalizing the circulatory system and activating cellular renewal. Far Infrared Light energy boosts the body's metabolic rate, assists in fighting illness, and enhances the body's ability to regenerate cells.



#### **Boosts Metabolism**

Far Infrared Energy pulsates the water molecules in the body, and breaks down the water molecule clusters. This improves capillary function, allowing the water molecules to easily enter, revitalize, and regenerate the body's cells.

#### **Burns Calories**

The RELAX Far Infrared Sauna can produce 2 to 3 times the sweat of other FIR Saunas. Arthur Guyton's textbook says that producing 1 gram of sweat burns .568 calories. Using the Relax sauna for 15 minutes could easily burn about 600 calories, the equivalent of running 4-6 miles, or doing a 45 minute cardiovascular workout.

## Reduces Body Fat





Body Fat

Cut down 2%

(26% → 24%)

## Reverses the Aging Process

Americans are used to sitting for extended periods, often over-eat, usually do not exercise regularly, and are often susceptible to chronic diseases and aging. The FIR Sauna can raise the metabolic rate, enhance beauty, and reverse the aging process.

### **Enhances Detoxification**

The Relax FIR Sauna can open up the pores in the body and release the toxins that are building up inside. It can clean up the body and reduce the workload of the body in removing toxins. We have dozens of testimonies indicating its effectiveness.



(Remove Toxins)

- -Metabolism Waste
- -Dioxins
- -Cadmium & Hg
- -Heavy Metals
- -Fats







Patented Self-Temperature Control Semi-conductor Far Infrared Technology. This semi-conductor chip is programmed to filter out all NON-Far

This semi-conductor chip is programmed to filter out all NON-Far Infrared Light. No other portable FIR Sauna uses this technology.

Voltage 120V FIR Energy

Effective! 100% Safe







20 of these patented semi-conductor chips are in each of the 2 FIR Radiators.